



# FOODS & SUBSTANCES THAT ARE DANGEROUS FOR DOGS



## ALCOHOL

Causes intoxication and abnormal acidity, can suppress breathing and may even lead to coma and/or death.



## AVOCADO

Avocados contain a fungicidal toxin called persin, which can cause vomiting, diarrhea, and heart congestion.



## CANNABIS\*

Can adversely affect the nervous system and heart rate, and cause anxiety, panting, agitation, lethargy, drooling, vomiting, and loss of bowel control and coordination.

*\*Flowers, edibles, & concentrates containing THC.  
\*Does not include reputable CBD products for pets.*



## CAFFEINE

Coffee grounds and beans, chocolate, diet pills, energy drinks, soda, tea, etc.



## DAIRY

Lactose intolerance in dogs can cause gas and diarrhea. The high fat content in some dairy can cause digestive upset and pancreatitis.



## FISH

Raw fish can contain parasites and bacteria. Cooked fish is generally fine, though mercury poisoning can be a problem if fed to pets in large amounts.



## GRAPES & RAISINS

Grapes and raisins contain a toxin that can cause severe liver damage and kidney failure.

## ALLIUM

**Onions, chives, garlic, leeks:**  
Toxic to dogs in all forms! Can cause anemia, red blood cell damage, and severe gastroenteritis.



## BONES

Cooked bones can easily splinter when chewed, and puncture stomachs and intestines.



## CHOCOLATE

Caffeine, theobromine, and theophylline can cause panting, vomiting, and diarrhea, and damage your dog's heart and nervous systems. The darker the chocolate, the higher the toxicity.



## CORN ON THE COB

The cob itself can get stuck in the small intestine and require surgery to remove the blockage.



## EGGS

Raw eggs contain the enzyme avidin, which decreases the absorption of biotin, and may also contain Salmonella.



## GARLIC

*See Allium.*



## GUM

New and used chewing gum can cause blockages, and sugar free gum may contain the highly toxic sweetener, xylitol.





## LIVER

Okay in small amounts, but too much can cause an overload of Vitamin A, which can adversely affect your pup's muscles and bones.



## MUSTARD SEEDS

Contain compounds that can cause vomiting and diarrhea.



## NUTS

Macadamia nuts contain a toxic substance that can cause neurological symptoms. Almonds and pistachios, in large amounts, can cause intestinal distress or pancreatitis.



## PITS & SEEDS

Apple, apricot, peach, plum, cherry pits contain cyanide. Pits and seeds can cause intestinal distress and blockages. Persimmon seeds can cause intestinal inflammation and distress.



## RHUBARB

Contains oxalates, which can cause digestive, neurological, and urinary problems. The leaves have higher concentrations of oxalates than stems.



## SUGAR & CORN SYRUP

Either alone or contained in foods, too much sugar and/or corn syrup can have the same effects on dogs as humans: dental issues, obesity, and even diabetes.



## TOMATOES

Tomatoes (*leaves, stems, and unripe fruits*) contain oxalates and other toxins, which can cause digestive, neurological, and urinary problems.



## YEAST

Yeast can expand and rise in a dog's stomach. In small amounts, it may cause gas and discomfort, but larger amounts can expand so much that the stomach and intestines rupture.

## MUSHROOMS

The wrong mushrooms can kill dogs. Be especially mindful if your dog likes to dig through leaf litter or other areas where mushrooms grow outside.



## ONIONS

*See Allium.*



## PEANUT BUTTER

Some peanut butters now contain xylitol, which is very toxic. Read labels carefully before feeding to your dog.



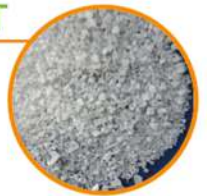
## POTATOES

Green potatoes, leaves, and stems contain oxalates and other toxins, which can cause digestive, neurological, and urinary problems.



## SALT

Too much salt can lead to an imbalance in electrolyte levels, dehydration and potentially diarrhea.



## TOBACCO

Nicotine can damage the digestive and nervous systems, cause increased heart rate and unconsciousness, and may even result in death.



## XYLITOL

Xylitol is extremely toxic to dogs. Even small amounts can cause low blood sugar, seizures, liver failure, and even death.



## NOTE:

*This list is not intended to be comprehensive or a substitute for medical advice. If your pets ingest any of these substances or display symptoms of illness, please seek veterinary care immediately.*

**For further reference visit:  
Pet Poison Helpline at [petpoisonhelpline.com](http://petpoisonhelpline.com)**